

THE LIFE- GIVING MEAL

An InstaBook by

ISAAC OYEDEPO



I am excited to share this timely insight from God's Word.

The light of this life-giving meal recently dawned on me like never before.

The life-giving meal is the Holy Communion.

We have lost the power of the Communion because we have been lost in the tradition of the communion.

Mark 7:13

13 Making the word of God of none effect through your tradition, which ye have delivered: and many such like things do ye.

This life-giving meal is found in the following scriptures below.



John 6:48-58

48 I am that bread of life. 49 Your fathers did eat manna in the wilderness, and are dead. 50 This is the bread which cometh down from heaven, that a man may eat thereof, and not die. 51 I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world. 52 The Jews therefore strove among themselves, saying, How can this man give us his flesh to eat? 53 Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you. 54 Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day. 55 For my flesh is meat indeed, and my blood is drink indeed. 56 He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him. 57 As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me. 58 This is that bread which came down from

heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever.

1 Corinthians 11:29-30

29 For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body.30 For this cause many are weak and sickly among you, and many sleep.

In verse 53 of John chapter 6, the Word says, ‘...***Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you.***’

When we take the Communion understanding what it offers, life is infused into us.

This means the communion is the antidote to untimely death.

It also means it has capacity to bring back to life all dying or dead organs in our body.

In verse 54 of John 6, the Word says, *‘Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day.’*

Eternal life here means God’s kind of life.

It does not mean when our time on earth is over that we don’t transit to heaven; it simply means that while on earth we will live like Jesus did.

If you want to picture how Jesus lived, just go through the four Gospels – Matthew, Mark, Luke and John.

The future you want to feature, you must catch a picture of.



In verse 56 of John 6, the Word says, *'He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him.'*

This means the Communion brings us into inseparable union with God.

To dwell in God and to have God dwell in you is very powerful.

This is like God wearing you and you wearing God.

This is a revelation from God's Word that you need to catch for yourself.

So, the things that could not afflict Jesus while He walked this earth ought not to afflict you.



Jesus remains our perfect example when it comes to the subject of healing, health, and wholeness.

Now, if Jesus were walking the earth during this season of the coronavirus, will he be afflicted by this virus?

If your answer is No, then why should you?

You are in Him and He is in you.

In verse 57 of John 6, the Word says, ***‘As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me.’***

This means, by the communion, we can simply duplicate the life of Jesus at this time and season.

So the Communion is a powerful weapon to use at this time and every time.

From the second scripture above, **1 Corinthians 11:29-30**, we discover another part of this life-giving meal.

The Communion is our Immunity booster.

When we partake of it worthily, it gives us strength, health, and it keeps alive.

You now see that the Communion is a life-giving meal when taken frequently and with understanding.

So, make a decision right now to take the communion daily and with understanding.

If no sickness could defeat Jesus, coronavirus is already defeated.

Therefore, rejoice, we have the victory.



The End

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