

An InstaBook by Isaac Oyedepo

This is a book for this season and for every season.

As the world steps out of this global pandemic- COVID-19, we must step into greater depths of revelation from God's word.

The Word of God has a lot to say about the physical body.

It is for this reason that this book becomes crucial in this season.

First, Life, Health, and Wholeness is a choice.

Deuteronomy 30:19

I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live:

Second, God has already destroyed the devil's hold on sickness, disease and death.

Hebrews 2:14-15

Forasmuch then as the children are partakers of flesh and blood, he also himself likewise took part of the same; that through death

he might destroy him that had the power of death, that is, the devil; 15 And deliver them who through fear of death were all their lifetime subject to bondage.

Hebrews 2:14-15 (Message)

Since the children are made of flesh and blood, it's logical that the Savior took on flesh and blood in order to rescue them by his death. By embracing death, taking it into himself, he destroyed the Devil's hold on death and freed all who cower through life, scared to death of death.

Revelation 1:18

I am he that liveth, and was dead; and, behold, I am alive for evermore, Amen; and have the keys of hell and of death.

Third, your body has a price and the price has been fully paid.

1 Corinthians 6:19-20 KJV

What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? [20] For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

1 Corinthians 6:19-20 (Common English Bible)

Or know ye not that your body is a [i] temple of the Holy Spirit which is in you, which ye have from God? and ye are not your own; for ye were bought with a price: glorify God therefore in your body.

1 Corinthians 6;19-20 (Classic Amplified Version)

Do you not know that your body is the temple (the very sanctuary) of the Holy Spirit Who lives within you, Whom you have received [as a Gift] from God? You are not your own, 20 You were bought with a price [purchased with a [b] preciousness and paid for, [c]made His own]. So then, honor God and bring glory to Him in your body

Romans 8:11 KJV

[11] But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

FIVE (5) INSIGHTS TO YOUR BODY:

- 1. **Your body belongs to God.** Your body cannot belong to God and belong to sickness, disease, and pain at the same time. He is the owner of my body and so He lives in me.
- 2. **Your body has been paid for.** My body is no longer in the shelf to be bought by sickness, disease, or pain. It's been paid for, so it can glorify God.
- 3. **Your body houses the Holy Spirit.** The Holy Spirit is the lifequickening Spirit, so the life-killing spirit (sickness, disease and pain) has no place to hide in my body.
- 4. **Your body brings glory to God.** The condition of your body either brings glory to God or shame to God. So, God is interested in the state of your body.
- 5. Your body has capacity to respond to the state of your spirit. If the same spirit that raised up Christ from the dead dwells in you, that same Spirit will quicken your mortal bodies. The state of your body can be influenced by the state of your spirit. 'The spirit of a man will sustain his infirmity...'- [Prov. 18:14]

As a member of God's family, because there is no sickness in our family lineage, all hereditary diseases have no more right to affect us

Ephesians 2:19

Now therefore ye are no more strangers and foreigners, but fellow citizens with the saints, and of the household of God;

Romans 8:17

And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.

Hebrews 2:11

For both he that sanctifieth and they who are sanctified are all of one: for which cause he is not ashamed to call them brethren,

As this understanding dawns on you, your body will come under your command.

In this season, you will be exempted from all forms of sicknesses and diseases in Jesus' Name.



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